



# Church of the Holy Family

5900 West Lake Street ✦ St. Louis Park, MN 55416

## February 21, 2010

*First Sunday of Lent*

Reverend Thomas W. Dufner, Pastor  
 Reverend James Stromberg, Weekend Associate

**Mass Times:**

Sunday Masses 9:00AM and 11:00AM  
 Saturday Mass 5:00PM  
 Weekday Masses 8:00AM (Rosary 7:35AM)

**Confessions:**

Saturday 3:30PM to 4:50PM  
 Sunday 8:00AM to 8:50AM

**Parish Office**

952.929.0113

**Staff:**

**Extensions:**

Rev. Thomas Dufner	Pastor	ext. 15
June Kattar	Baptism/Marriage Prep.	ext. 14
Sharon Pero	Pastoral/Parish RN/Liturgist	ext. 13
Claudia Capello	Assistant	ext. 17
Jean Prather	Elementary DRE/Special Events	ext. 12
Elizabeth Brown	Confirmation Coord.	ext. 19
Kathy Vansickle	Controller	ext. 16
Bobbi Hanson	Bookkeeper	ext. 11
John Pero	Facilities Manager	ext. 20
Theresa Bakos	Secretary	ext. 10
Lynn Tomaszewski	Youth Minister	ext. 21

**Web Address:** [www.hfcmn.org](http://www.hfcmn.org)    **Email Address:** [staff@hfcmn.org](mailto:staff@hfcmn.org)

**Registration in Parish:**

Required for baptism and marriage. Adults 18 and over call the parish office 952.929.0113.

**Marriages:**

Registered parishioners must make application 3 months prior.

**Baptisms:**

First Sunday of the month. Must be registered parishioners. Baptism class required. Please call 3 months in advance.

**Perpetual Adoration - Jim Glover** 763.533.0423

**Prayer Chain -Dona Marek, 9AM to 9PM** 952.926.3130

**STEP - Emergency Program** 952.925.4899



5925 West Lake Street ✦ St. Louis Park MN 55416

**Ann Coone, Principal**

**School Office**

**Web Address**

952.925.9193

[www.hfamn.org](http://www.hfamn.org)

### 2010 Lenten Schedule

**Fish Fry Fridays! 4:30PM ~ 6:30PM**

Join us in Moorman Hall!

**Stations of the Cross & Benediction**

Fridays during Lent at 7PM

**Communal Penance Service**

Wednesday, March 24, 7~8:30PM

**Palm Sunday, March 28**

Saturday Vigil Mass at 5PM

Sunday Masses at 9AM & 11AM

**Tenebrae**

Wednesday, March 31 at 7:30PM

**Holy Thursday, April 1**

Private Confessions 3PM ~ 5PM

Mass of the Lord's Supper at 7:30PM

**Good Friday, April 2**

Private Confessions 10AM - 11AM

Our Lord's Passion at 2PM

No Stations of the Cross on Good Friday

**Holy Saturday, April 3**

Easter Vigil Mass at 8PM

**Easter Sunday, April 4**

Masses at 9AM and 11AM

## *The Pastor's Page*

### **Why Lent? Why Self Denial?**

The average Joe on the street doesn't believe in self denial. The Hollywood elite doesn't believe in self denial. Perhaps the majority of people living secular lives are only seeking self fulfillment, by which they mean maximizing pleasure, power and wealth, and minimizing all pain. And here we are wearing ashes on our foreheads and practicing self denial. Why is that?

Our Catholic world view, which is completely opposite the secular world view, reminds us that we are good but fallen creatures. We are good because we are made in the image and likeness of God, but fallen because of Original Sin and our own personal sins. Since the beginning, sin and death have been linked in a casual way. Sin brought death into the world, the death of our first parents, and the death of all their descendants. Sin not only brings death to us individually, but socially as well by violence in society and the upsetting of the balance of justice. Finally, it brings about wars that bring ruin upon whole nations. War is a punishment for sin. And so it is fitting on Ash Wednesday to hear the words, "Remember that you are dust and unto dust you shall return."

Our Savior, Jesus Christ came to redeem us, to save us from sin and death, and to bring us back to the innocence of the garden. The pathway he chose was love, which always requires self sacrifice and the cross. He said, "Unless you deny yourself, take up your cross and follow me, you cannot be my disciple." And so the path of discipleship is one of constant conversion, a turning away from self and towards the Lord. We do this in Lent by increased prayer and reflection, by self denial, and almsgiving which covers a multitude of sins.

Prayer and reflection require that we make some time in our lives. Something has to go so that we can find time for prayer. It might be late night TV that has to go. It might be shopping that has to go. It might be internet browsing that has to go. As you see, self denial is already connected to prayer and we haven't even gotten to fasting yet!

Next week we'll dig deeper on how to practice Prayer, Fasting, and Almsgiving.

Fr. Thomas Dufner

# *Fish Fry*

**Fridays during Lent**

(No Fish Fry on Good Friday)

**Moorman Hall**

Serving from

**4:30 pm to 6:30 pm**

### **Catholic Services Appeal**

The 2010 Catholic Services Appeal is more than just another collection. It is the way by which every Catholic shares in the work of our Archdiocese and the mission of the Church. Our work is providing Catholic Schools for our children, faith formation programs in our parishes, and with the guidance of Catholic Charities, we feed the poor.

### **YOUR HELP IS NEEDED!**

We are in need of volunteers to help bring residents to Mass or Communion Service at the St. Louis Park Golden Living Healthcare Center on the **first** and **third Friday** of the month. This is a time commitment of approximately 1 ½ hours (9:25AM to 11:00AM) If you're unable to attend every time, please consider being on a "substitute list" to assist on an "as needed" basis. Call Sharon at 952.929.0113 Ext. 13 for more information.

### **Adoration Updates**

With so many assaults on marriage and family today, we have been encouraged to increase our number of adorers in our beautiful Adoration Chapel and ask Him to heal our society. It has been suggested that if every parishioner/family were to say one Memorare each day so that more would commit to an hour with Jesus every week, our Blessed Mother would accomplish this. This is a small thing that all of us could do to ensure that the gift and power of Adoration continues to enrich our parish. At this time we have 2 hours without a committed adorer. These are Tuesday at 4PM and Friday at 11PM. We are always happy to have adorers willing to sub for an overnight hour as this is an ongoing need! Bless you for all your prayer power!! Call Jim at 763.533.0423 with questions or comments.

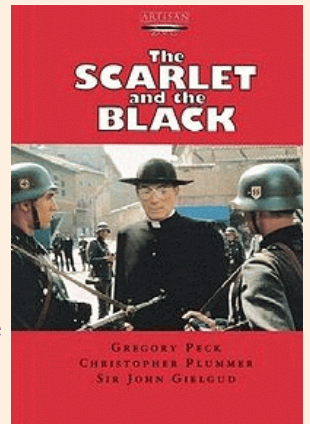


## Friday Night Movie

Join us this Friday, February 26, after Stations of the Cross, in Moorman Hall for our movie: *The Scarlet and the Black*, starring Gregory Peck and Christopher Plummer.

Based on J. P. Gallagher's book *The Scarlet Pimpernel of the Vatican* (published in 1967), this movie tells the story of Monsignor Hugh O'Flaherty, a real life Irish Catholic priest who saved thousands of Jews and Allied POWs in Nazi-occupied Rome.

In 1943, German-occupied Rome witnessed many atrocities of the Gestapo under the command of Colonel Herbert Kappler. Monsignor Hugh O'Flaherty was assigned to the Vatican under the pontificate of Pope Pius XII. Despite official Vatican neutrality and significant risk to his position within the church and personal safety, O'Flaherty organizes an enormous network of civilians to save Jewish refugees and Allied POWs from the Nazis. Colonel Kappler discovers that O'Flaherty is giving shelter to Allied prisoners and orders a white line be drawn around the Vatican compound, later placing German guards along the perimeter and checking identification of those entering to try to stop the inflow of POW's who O'Flaherty has been helping. Come join us in Moorman Hall following Stations of the Cross.



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**Holy Family Catholic Vacation Bible School 2010!**

**Save the Dates!**

**June 21, 22, 23, 24 and 25**

## Our Lady of the Rosary

The Story of the Apparitions of Fatima



"...In the end my Immaculate Heart will triumph."

Look for registration forms on our website and on all Church bulletin boards starting April 19!

## ✠ Weekly Calendar of Events ✠

### Sunday, February 21 - First Sunday of Lent

#### Food Drive Sunday

- 8:00 am Confessions
- 9:00 am Mass
- 11:00 am Mass
- 6:00 pm Theology A La Carte (Youth House)

### Monday, February 22

- 8:00 am Mass
- 8:30 am Exercise Class (GP)
- 9:30 am Vaco (GP)
- 3:00 pm WOW Holy Hour (Adoration Chapel)
- 7:00 pm Grandparents Prayer Group (Church/MH)

### Tuesday, February 23

- 8:00 am Mass
- 7:00 pm Fundamentals of Catholicism

### Wednesday, February 24

- 8:00 am Mass
- 8:30 am Coffee & Rolls
- 9:30 am Quilting
- 11:45 am Exercise Class (Moorman Hall)
- 5:15 pm Kids Praise Too!
- 6:30 pm Confirmation
- 6:30 pm HFC (School)

### Thursday, February 25

- 8:00 am Mass
- 7:00 pm Choir
- 7:00 pm NFP (Gathering Place)

### Friday, February 26

- 8:00 am Mass
- 8:30 am Exercise Class (Gathering Place)
- 4:30 pm Fish Fry! (Moorman Hall)
- 7:00 pm Stations of the Cross
- After Stations -Movie Night - The Scarlet and the Black

### Saturday, February 27

- 6:30 am Holy Name Society (Gathering Place)
- 10:00 am Rosaries For Life (Robbinsdale)
- 3:30 pm Confessions
- 5:00 pm Mass

### Sunday, February 28 - Second Sunday of Lent

#### Donut/New Member

- 8:00 am Confessions
- 9:00 am Mass
- 11:00 am Mass



### Altar & Rosary News

Thanks to all who attended the Sugar Plum “wrap up” meeting. Those who helped distribute Magnificats at all Masses are also much appreciated! Discussion was fruitful with many good ideas. Your helpful insights should make for another successful future event! If you missed the meeting and have suggestions please contact Mary at 763.533.0423. Thanks also to Terry Berthiaume for arranging for the Magnificats which are our gift to all parishioners for your Lenten reflection. Finally, please note the “Memorare” initiative under Adoration Notes.

### Ladies: Do you have cabin fever?

Are you ready for a relaxing weekend? The annual Ladies Boyd Lodge Weekend is March 5, 6, 7. Come join us and get rejuvenated. Interested? Call April at 952.936.7634 for details.

**Team Vianney** and **Theotókos** extend an open invitation to high school men and women to join Catholic college students and seminarians for prayer, faith formation, and a light meal on the first Thursday of the month. Meet at St. John Vianney College Seminary at the University of St. Thomas at 5:45PM for the Marian procession. Team Vianney and Theotókos then meet separately for food and talks until rejoining for Mass in the St. Thomas Chapel at 7:15. 2010 dates for Team Vianney and Theotókos: Mar 4, Apr 1, May 6. More details at [www.10000vocations.org](http://www.10000vocations.org)

### READINGS FOR THE WEEK

- Monday:** 1 Pt 5:1-4; Mt 16:13-19
- Tuesday:** Is 55:10-11; Mt 6:7-15
- Wednesday:** Jon 3:1-10; Lk 11:29-32
- Thursday:** Est C:12, 14-16, 23-25; Mt 7:7-12
- Friday:** Ez 18:21-28; Mt 5:20-26
- Saturday:** Dt 26:16-19; Mt 5:43-48
- Sunday:** Gn 15:5-12, 17-18; Ps 27; Phil 3:17-4:1 [3:20-4:1]; Lk 9:28b-36

### SAINTS AND SPECIAL OBSERVANCES

- Monday:** The Chair of St. Peter
- Tuesday:** St. Polycarp
- Friday:** Abstinence

### PLEASE HELP US TO HELP YOU!!!

In order to track your contributions and list them on your annual statement you must use your envelope OR put your envelope number in the memo section of your check. Thank you!

### Holy Family Weekly Offering

#### Weekend Masses - February 13/14

Regular Envelopes	\$19,463.00
Plate	\$ 2,054.54
Care Fund	\$ 485.56

*Thank You For Your Generosity!*

### Mass Intentions for the Week

- Feb 22 Harry Spencer †
- Feb 23 Jay & Julie Cline Family
- Feb 24 Josephine Pruszinske †
- Feb 25 Helen Dahl †
- Feb 26 Margaret Hirl †
- Feb 27 Deacon Al Kattar †
- Feb 28 Mr & Mrs David Forbes † (9AM)
- Feb 28 For the Church (11AM)





# HOLY FAMILY FALL FESTIVAL 2010

**Friday, August 20<sup>th</sup> - Sunday, August 22<sup>nd</sup>**

This year's Fall Festival will be a mix of old and new activities and events!

There will be a new Friday night dinner theme and we will still have a live auction. On Saturday afternoon; family fun activities, bingo, silent auction and country store and then Papa D and the Knights on Saturday evening. And, as always, top off the weekend with a pancake breakfast on Sunday morning. Please save the date so that you and your family can attend this wonderful weekend!

Jay & Lynn Tomaszewski 2010 Chair

Jeremy & Kara Miller 2010 Co-Chair



Holy Family Home Educators will be having a meeting on Thursday, February 25th at 7pm in Moorman Hall. Our guest speaker is Sharon Spinharney, a Holy Family parishioner, mom of five (two religious, one married, one teacher, and one college student) and a former homeschooler. Her topic is "Live the Mystery". She will be encouraging us as home educators and moms/wives. All are welcome to attend, especially new and prospective homeschoolers.

## MINNESOTA FOOD SHARE MARCH CAMPAIGN

The annual Minnesota FoodShare Campaign is just around the corner...the goal for the 2010 March Campaign is 12 million pounds and dollars.

People using food shelves do not make enough income to cover their basic needs. Low wages without benefits, child care expenses, skyrocketing housing and energy costs, and high out-of-pocket medical expenses make working families and the elderly vulnerable to hunger. Unfortunately, more Minnesota families than ever need our help.

2009 food shelf usage was record breaking with an overall **increase of 25% which translates into over 500,000 more visits**, or close to **2.8 million visits statewide**.

During the Month of March you are invited to bring non-perishable items to Mass **every weekend** to help keep the S.T.E.P. food shelves stocked. Let's help Minnesota FoodShare meet their goal!

## MESSAGES from your HOLY FAMILY HEALTH BOARD

The Holy Family Exercise Program is conducted by a Certified Fitness Instructor, and is held every Wednesday at 11:45AM in Moorman Hall. EVERYONE is welcome! Don't put it off . . . come join us and reap the many benefits of exercise. (The cost is \$5.00 per session) TAKE ADVANTAGE OF THIS HEALTHY BENEFIT OFFERED RIGHT HERE AT HOLY FAMILY! Questions? Call Sharon 952.929.0113Ext. 13

## ATTENTION: METHODIST HOSPITAL EUCHARISTIC MINISTERS!

Please mark your calendars and plan to attend the **Quarterly Meeting** at Methodist Hospital on **Thurs, March 4 at 10:00AM in the Inlet Room.**

**The Billings Ovulation Method-Plan your family the natural way.** Learn about this complete way of life honoring your marriage, sexuality and fertility. It is loving-naturally-the way God designed it! A First Instruction in the Billings Ovulation Method will be offered on March 4<sup>th</sup> and March 18<sup>th</sup>. To register, call Lorena Dillon at 612.396.4019.

## REMINDER: FOOD COLLECTION for the NEEDY and S.T.E.P.

Every First and Third weekend of the month, you are invited to bring non-perishable food items to share with the needy and S.T.E.P. You may drop off your items at any of the Church doors.

## Pro-Life Corner

A helpful resource in questions with respect to the dignity of life under Catholic aspects is the Pontifical Academy for Life whose web site is: [http://www.vatican.va/roman\\_curia/pontifical\\_academies/acdlife/index.htm](http://www.vatican.va/roman_curia/pontifical_academies/acdlife/index.htm).

With his Motu Proprio "Vita e Mysterium" of February 11, 1994, John Paul II instituted this academy. Its objectives are the study, information and formation on the principal problems of biomedicine and of law, relative to the promotion and defense of life, above all in the direct relation that they have with Christian morality and the directives of the Church's Magisterium. Seventy members named by the pope, who represent different branches of biomedical sciences and those which are closely linked with problems concerning the promotion and defense of life, belong to the academy.

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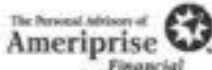
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