



I will bless the Lord  
 at all times;  
 his praise shall  
 ever be in my mouth.  
 Let my soul glory in the Lord;  
 the lowly will hear and be glad.  
 Glorify the Lord with me,  
 let us together extol his name.  
 I sought the Lord,  
 and he answered me and  
 delivered me from all my fears.  
 Look to him that you may  
 be radiant with joy,  
 and your faces may not  
 blush with shame.  
 When the afflicted man called  
 out, the Lord heard,  
 and from his distress  
 he saved him.  
 The angel of the Lord encamps  
 around those who fear him,  
 and delivers them.  
 Taste and see how good  
 the Lord is;  
 happy the man who takes  
 refuge in him.

Psalm 34

# Church of the Holy Family

5900 West Lake Street ✦ St. Louis Park, MN 55416

## October 24, 2010

*Thirtieth Sunday in Ordinary Time*

**Reverend Thomas W. Dufner, Pastor**

**Reverend James Stromberg, Weekend Associate**

**Mass Times:**

**Sunday Masses** 9:00AM and 11:00AM  
**Saturday Mass** 5:00PM  
**Weekday Masses** 8:00AM (Rosary 7:35AM)

**Confessions:**

**Saturday** 3:30PM to 4:50PM  
**Sunday** 8:00AM to 9:00AM

**Parish Office**

**952.929.0113**

**Staff:**

Rev. Thomas Dufner	Pastor	<b>Extensions:</b>	ext. 15
June Kattar	Baptism/Marriage Prep.		ext. 14
Sharon Pero	Pastoral/Parish RN/Liturgist		ext. 13
Claudia Capello	Assistant		ext. 17
Jean Prather	Elementary DRE/Special Events		ext. 12
Elizabeth Brown	Confirmation Coordinator		ext. 19
Kathy Vansickle	Controller		ext. 16
Bobbi Hanson	Bookkeeper		ext. 11
Rick Nichols	Facilities Manager		ext. 20
Theresa Bakos	Secretary		ext. 10
Lynn Tomaszewski	Youth Minister		ext. 21

**Web Address:** [www.hfcmn.org](http://www.hfcmn.org) **Email Address:** [staff@hfcmn.org](mailto:staff@hfcmn.org)

**Registration in Parish:**

Required for baptism and marriage. Adults 18 and over call the parish office 952.929.0113.

**Marriages:**

Registered parishioners must make application 3 months prior.

**Baptisms:**

First Sunday of the month. Must be registered parishioners. Baptism class required. Please call 3 months in advance.

**Perpetual Adoration - Jim Glover** 763.533.0423

**Prayer Chain -Dona Marek, 9AM to 9PM** 952.926.3130

**STEP - Emergency Program** 952.925.4899



5925 West Lake Street ✦ St. Louis Park MN 55416

**Ann Coone, Principal**

**School Office**

**Web Address**

**952.925.9193**

**[www.hfamn.org](http://www.hfamn.org)**

## The Pastor's Page

### *St Clement's letter to the Corinthians*

#### **Let us not be fugitives from the will of God**

My dear friends, take care to do good and virtuous deeds in unity before him, and be citizens worthy of him; or his many good works towards us may become a judgment on us all. For, as he says somewhere, *The spirit of the Lord is a lamp searching the inward parts.*

Let us observe how near he is, and that nothing escapes him: not the thoughts we think, not the arguments we construct. It is right, therefore, that we should not be deserters from his will. Let us offend foolish and thoughtless men, men who puff themselves up and boast in the pride of their words, rather than offending God.

Let us reverence the Lord Jesus Christ, whose blood was given for us. Let us respect those who rule us; let us honor the aged; let us instruct the young in the fear of God.

Let us lead our wives to what is good: let them exhibit the lovely habit of purity, let them show forth the innocent will of meekness, let them make the gentleness of their tongue manifest by their silence, let them give their affection without favoritism but in holiness equally to all who fear God.

Let our children share in the instruction which is in Christ, let them learn the strength of humility before God, the power of pure love before God, how beautiful and great is his fear and how it gives salvation to all who live holily in it with a pure mind. For he is a searcher of thoughts and desires; his breath is in us, and he chooses when to take it away from us.

Now the faith which is in Christ confirms all these things, for he himself through his Holy Spirit calls us: *Come, Children, hearken to me, I will teach you the fear of the Lord. Who is the man that desires life, that loves to see good days? Make your tongue cease from evil, make your lips speak no guile. Depart from evil, and do good. Seek peace, and pursue it.*

The all-merciful and beneficent Father has compassion on those that fear him, and kindly and lovingly bestows his favors on those that draw near to him with a sincere intention. So let us not be in two minds, and let us have no doubts about his excellent and glorious gifts.

*Liturgy of the Hours - 25 October*

### *All In God's Plan - Part 1 Chastity Program*

**Father and Son Program (for boys ages 12 - 13)  
is Friday, November 12, 7-9:30PM**

**Mother and Daughter Program (for girls ages 10 - 13)  
is Sunday, November 14, 2-4:30PM**

**All programs take place downstairs in Moorman Hall**

***Watch the bulletin or go to our web site [hfcmn.org](http://hfcmn.org) for more information...***

## Pancake Breakfast!

*Sponsored by the Altar Boys*



**Sunday, October 24,  
8:30AM-12:30PM  
in Moorman Hall,  
Pancakes, Sausage, Eggs,  
Juice, Coffee**

### **ATTENTION: ALL WIDOWS and WIDOWERS (W.O.W's)**

You are all invited to join us at  
the **5:00PM Mass on  
Saturday, November 6, 2010,**  
for the annual  
**Mass of Remembrance.**

Reserved pews will be  
provided for you on the  
right side in the front of Church.  
After Mass you are invited  
to supper in Moorman Hall.

***Please R.S.V.P. the  
Church Office by 4:30PM  
Wednesday, October 27***

Call Sharon at 952.929.0113 Ext.  
13, if you have questions.

### **RAKE N' RUN**

The Rake N' Run  
will take place on

**Saturday, November 13th.**

If you would like to have your  
lawn raked by our wonderful  
teenagers this fall,

**please contact Tim Barrett at  
763.449.6450** to have your  
house put on the list.

We will be out  
between  
12PM and 4 PM.



*Please remember to notify the Parish  
Office of any changes to your address or  
phone number. Thank you!*

Registrations are due  
by October 27th - This  
Wednesday!! - sign up today!

# BE A SAINT!

October 30th, 9am-12noon ♥ Moorman Hall

*Choose your favorite Saint! Prizes for the best costumes!*

*Exciting Stories! Music! Snack! Extra Special Art Project!*

*Children's Adoration of the  
Most Blessed Sacrament!*

**FOR CHILDREN IN GRADES K-6**

*(Teens are welcome to be helpers -  
please contact Mrs. Prather)*

Retreat cost is \$5 plus bring a non-perishable food item  
for the poor. **Please return registration form and \$5  
by Wednesday, October 27<sup>th</sup>** to: Mrs. Jean Prather at  
Holy Family, 5900 West Lake Street, St. Louis Park,  
MN 55416 ~ Questions? Jean at 952-929-0113 x12  
or [jean@hfcmn.org](mailto:jean@hfcmn.org) Registration forms can be found  
on bulletin boards or you may download from  
the web at [hfcmn.org](http://hfcmn.org).



## Holy Hour For The Election



**Join Father Dufner at Holy Family along with the  
Knights of Columbus Honor Guard  
and Holy Family Church Choir for Rosary and Prayers  
for the upcoming Election.**

**Wednesday, October 27th 7:00-8:00p.m.**

## ✠ Weekly Calendar of Events ✠

**Sunday, October 24 ~ 30th Sunday in Ordinary Time**

**World Mission Sunday**

**Pancake Breakfast**

8:00 am Confessions

9:00 am Mass

11:00 am Mass

**Monday, October 25**

8:00 am Mass

8:30 am Exercise Class (Gathering Place)

8:30 am Branch III

3:00 pm WOW Holy Hour (Chapel)

**Tuesday, October 26**

8:00 am Mass

6:30 pm Altar & Rosary Society Fall Dinner Mtg.

**Wednesday, October 27**

8:00 am Mass

8:30 am Coffee & Rolls

9:00 am Quilting (MH)

11:45 am Exercise Class (Moorman Hall)

5:15 pm Kids Praise Too!

6:30 pm Confirmation (MH)

6:30 pm HFC (School)

**Thursday, October 28**

8:00 am Mass

9:00 am Together! (MH)

7:00 pm Choir

**Friday, October 29**

8:00 am Mass

8:30 am Exercise Class (Gathering Place)

**Saturday, October 30**

6:30 am Holy Name Society (Gathering Place)

9:00 am To Be A Saint! (MH)

10:00 am Rosaries For Life

3:30 pm Confessions

5:00 pm Mass

**Sunday, October 31 ~ 31st Sunday in Ordinary Time**

**I Will Give You Shepherds Collection**

**Food Drive Sunday**

8:00 am Confessions

9:00 am Mass

11:00 am Mass

*Next weeks second collection will be for  
"I Will Give You Shepherds"*



### Altar and Rosary Society

Ladies: *All are invited to our Fall Altar and Rosary dinner meeting on **Tuesday, October 26** beginning with the **Rosary in Church at 6:30PM**. Tickets for the dinner (free will offering at the event) will be available after all Masses this weekend and next. **Please come: it's a fun time!***

Those wishing to help provide items for the raffle baskets for Sugar Plum Days can check the lists posted near the kitchen in Moorman Hall - more about this at the meeting. We are just trying to get an early start.

Finally, remember to offer your prayers for our dear priests by signing the Spiritual Bouquet book located in back of Church throughout the month of October. Questions: Call Mary at 763.533.0423.



**Banns I**

*Shaun Kopp and Erin Capello*

**Banns II**

*Nick Rendahl and Katie Borg*

### PROTECTIVE MEDICAL DECISION DOCUMENTS

With Health Care Reform in the forefront these days, it is important that we all have Health Care Directives in the event we need them. It is not prudent to use the Minnesota Living Will which is available through most doctors and at all hospitals. The Minnesota Living Will is too restrictive and opens the door to Euthanasia.

Please check in the book racks at the back of Church for "A Catholic Guide to End-of-Life Decisions" that is in accord with Catholic moral teaching on end-of-life issues. They are the form used by Deacon Stephen Najarian and put out by the National Catholic Bioethics Center. The forms are free of charge.

### READINGS FOR THE WEEK

**Monday:** Eph 4:32 - 5:8; Lk 13:10-17

**Tuesday:** Eph 5:21-33 [2a, 25-33]; Lk 13:18-21

**Wednesday:** Eph 6:1-9; Lk 13:22-30

**Thursday:** Eph 2:19-22; Lk 6:12-16

**Friday:** Phil 1:1-11; Lk 14:1-6

**Saturday:** Phil 1:18b-26; Lk 14:1, 7-11

**Sunday:** Wis11:22 - 12:2; Ps145; 2Thes1:11 - 2:2; Lk 9:1-10

### SAINTS AND SPECIAL OBSERVANCES

**Sunday:** World Youth Day

**Thursday:** Ss. Simon and Jude

**Saturday:** Blessed Virgin Mary

### PLEASE HELP US TO HELP YOU!!!

In order to track your contributions and list them on your annual statement you must use your envelope OR put your envelope number in the memo section of your check. Thank you!

### Holy Family Weekly Offering

#### Weekend Masses - October 16/17

Regular Envelopes	\$15,958.00
Plate	\$ 1,791.46
CARE Fund	\$ 709.42

*Thank You For Your Generosity!*

### Mass Intentions for the Week

Oct	25	Jim Dahl †
Oct	26	Bob Cashin †
Oct	27	Alice Glover †
Oct	28	Jean Rausch †
Oct	29	Carole Tangen †
Oct	30	Robert Ekstrum Jr. †
Oct	31	Pvt. John Doran (9AM)
Oct	31	For the Parish (11AM)



## Youth Ministry

### LIFELINE

Saturday, Nov 6th - **The Cost of Discipleship With Fr. Jay for Mass and Michael Hoffman for the Evening Program** Jesus said: "If they persecuted Me they will persecute you." Persecute me?. What does it mean to be a true disciple in today's world? Does it really have to cost me everything to be a follower of Christ? No longer will lukewarm Christianity be tolerated as our Catholic beliefs are attacked on a daily basis. The group will leave Holy Family at 4PM, go grab a bite to eat, attend the Lifeline Mass and return to Holy Family around 10PM. Contact Amy Lashinski at 612.384.2151 or alashinski@hfamn.org

### YOUTH ADORATION w/ Fr. Dufner

**Friday, Nov 12th** – We will meet at the Adoration Chapel 8-9PM, then head over to the Rectory for treats and games 9-10PM!

### RAKE N' RUN

**Saturday Nov 13th: 12-4PM** This is a fun and great service project to sign up for! Help the seniors from the Parish rake their lawn and end with a Pizza dinner! Contact Lee Flesher to sign up @ 952.546.3943.

### THEOLOGY A LA CARTE:

**Sunday, Nov 21st** – Alyssa Bromes will be our speaker and the topic is "The Road to Hope". We will start with pizza dinner at 6 pm, listen to our speaker, then there will be time for games and social time before we wrap up at 8PM. It's all happening at the Youth House (White house on the north side of the church parking lot)

## Natural Family Planning Classes

Modern Natural Family Planning is based on comprehensive scientific research and is healthy and marriage building! If you are looking to enhance your married life, a series of classes taught by a qualified instructor will begin on:

- ✦ Saturday, November 6, 2010 at St. Raphael Church in Crystal  
To register or for more information, please call the Couple to Couple League at 612.721.3791
- ✦ Thursday, November 4 & 26 2010 at Holy Family in St. Louis Park  
To register or for more information, please call the Billings Ovulation Method at 612.396.4019

For a complete list of classes offered throughout the Archdiocese, call 651.291.4489 or visit [www.archspm.org/family](http://www.archspm.org/family)

## 40 DAYS FOR LIFE

Christians throughout the Twin Cities area are invited to take part in the International 40 Days for Life effort from September 22 through October 31.

Please consider volunteering to pray outside of HealthPartners' Regions Hospital, 640 Jackson Street, Saint Paul for one or more hours any time during the 40 days, and spread the word to others about this important life-saving effort.

You will not be asked to sidewalk counsel, but to simply pray.

Those who are unable to commit to an hour are asked to fast in some way, perhaps a bread and water fast one day per week, until the 40 Days for Life are complete.

## Tips for STAYING HEALTHY this COLD and FLU SEASON

- The **BEST** way to break the chain of infection - **HANDWASHING!**
- Avoid touching your eyes, mouth or nose.
- Avoid close, prolonged exposure to people with colds.
- If you think you have the flu, stay home from work or school and avoid elderly or frail relatives and friends.
- Eat well and get enough rest.
- Avoid getting "run down" which can lower your immunity to illness.
- Cough and/or sneeze into your sleeve.
- If you use a facial tissue for coughs and sneezes, dispose of it immediately and appropriately.
- **WASH your HANDS FREQUENTLY!**

## Fathers and Sons,

You are invited to a movie evening on Sunday, October 31st at 3:30PM in Moorman Hall. This month The Holy Name Society will be showing "Hellfighters" starring John Wayne. The intent of these movie nights is to find virtue & character on the battlefield and in the workplace and to provide dads with an opportunity to discuss these with their sons.



Spotlight Family Theater presents  
***The Best Christmas Pageant Ever***  
December 3, 4, 10, and 11 at 7:00PM  
and, December 5 at 1:00PM.

All performances at  
Holy Family Academy.  
This heartwarming comedy will help  
you grow during Advent in the  
true meaning of Christmas!



## Pro-Life Corner

...To deliberately destroy a human person, and without any justification of self-defense, is to preempt without an equal and sufficient cause, the right to life bestowed by God alone. Life is a gift which we have from God, not from man. This right cannot be taken away by means of a human law. It ought to be protected and assured by human law...

The constant magnitude of this crime against humanity is staggering. We must never get used to it. In the United States there are 4000 abortions every day...

...Occasionally we still hear an elected official speak of his or her personal opposition to abortion, while they support the legal right to an abortion. We should be very clear: Such a person places him or herself completely **OUTSIDE** the moral framework, the moral imperative of Evangelium Vitae and other Church teaching on these issues.. Quite simply they have become warriors for death rather than life...

(Excerpts from a speech of the Most Rev. Robert W. Finn, Diocese of Kansas City, April 2009)

EDINA

952-920-3996

West 50th St. & Hwy 100

Washburn - McReavy

Funeral Chapels & Cremation Services

HOPKINS

952-938-9020

1400 Mainstreet



Pet Exercising  
Pet Sitting  
KorRunning.com 612.269.5780

Work to much - sick - injured?

Providing Insurance and Financial Services  
Tom Schmitz, CPCU, CLU  
5619 W. Lake Street  
St. Louis Park, MN 55416  
Bus. 952-929-7069



LANGER & SONS  
REMODELING

Expert Tile work & Carpentry  
Contractor / Parishioner  
Free Estimates. 612-803-4582  
Lic.# 20441746 Aaron Langer

GREGORY R. WHITE  
DDS

General & Cosmetic  
4057 Brunswick Ave. S  
St. Louis Park, MN  
(952) 929-8474  
By Appointment Only

GEARTY DELMORE  
PARK FUNERAL CHAPEL  
3960 Wooddale Ave. S.  
St. Louis Park, MN 55416 • 926-1615

NatureRich  
Personal Care & Nutrition Products  
Linda Donahue  
Independent Distributor & Parishioner  
952-934-6288  
www.lld.naturerich.net

Your Neighborhood Window Company  
**Wellington**  
WINDOW & DOOR COMPANY  
952-933-6300



John Murphy

Realtor®/Parishioner  
763-443-9821

FREE REAL ESTATE REPORTS & INFO.

www.JohnMurphyReports.com

RE/MAX Results



SKIN CARE  
DOCTORS, P.A.

Board Certified, American Academy of Dermatology

MICHAEL EBERTZ, MD • JEFF SAMUELSON, MD  
MIMI LAM, MD • NANCY LEITCH, MD  
APRIL FARRELL, MD • KATHRYN SHRIFT, MD

SPECIALIZING IN... Pediatric & General Dermatology,  
Cosmetic, Laser and Skin Cancer Surgery

BOTOX • RADIESTE • JUVEDERM • SCULPTRA • MOLE REMOVAL  
LASER SURGERY FOR FACIAL WRINKLES, HAIR REMOVAL, TREATMENT OF LEG VEINS

952-898-1600 • EDINA & ORONO LOCATIONS

Texas Terrace  
CARE CENTER  
952.920.8380  
...helping people live better

SHARE POINT  
CREDIT UNION

Real People.  
Easy Solutions.

3670 Aquila Ave S • St. Louis Park, MN 55426  
952-930-0700 www.sharepointcu.com

CARE CLEANERS  
Across From SLP Football Field  
20% OFF Dry Cleaning  
(with this ad)  
952-929-1778

Minnesota  
Single Catholics



CatholicMatch.com/MINNESOTA

Karen Lanz, Realtor

Edina Realty

"Doing what's RIGHT for you"



I appreciate your business!  
I believe in giving back –  
ask me how.

www.karenlanz.com karen@karenlanz.com  
612-306-9677

D&D AUTO WORKS  
ASE Certified Master Technicians

COMPLETE IMPORT & DOMESTIC REPAIR  
Will DuBois  
952-922-9696  
6407 West Lake St.

Erik Dutcher  
952-931-9696  
8001 Minnetonka Blvd.  
St. Louis Park, MN

AMERIPRISE FINANCIAL SERVICES, INC.

Paul will donate \$50 to Holy Family Academy when you meet  
with him for a complimentary initial consultation.



Paul Rampetsreiter, CRPC®  
Associate Financial Advisor

with the practice of Mark D. Cheeley, CRPC®, CFS  
1907 Wayzata Boulevard, Ste. 350  
Wayzata, MN 55391  
(952) 449-6687  
paul.j.rampetsreiter@ampf.com

The Personal Advisors of  
**Ameriprise**  
Financial

The initial consultation provides an overview of financial planning  
concepts. You will not receive written analysis and/or  
recommendations. Ameriprise Financial Services, Inc. Member FINRA  
and SIPC. © 2009 Ameriprise Financial, Inc. All rights reserved.

Odyssey through the 88s  
Piano Performance/Instruction  
Performs: parties, background, concerts  
Instructs: beginning-intermediate levels  
John Paul (952) 913-9414  
throughthe88s.com

HOME HARDWARE  
6414 WEST LAKE STREET  
ST. LOUIS PARK, MN 55426  
952-929-5456  
JIM KELLER OWNER

**AERUM**  
Automotive  
Service With Integrity  
6329 West Lake Street  
St. Louis Park, MN 55416  
Phone: (952) 927-8490 ASE

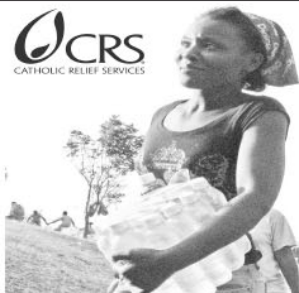
ZEB HANEY

Setup a Saved Search & find Open Houses at:  
www.zebhaney.com

Edina Realty

Realtor/Parishioner 612.860.8679

CRS  
CATHOLIC RELIEF SERVICES



Find out how far  
your heart can reach.

Millions of people overseas  
depend on you. Please help.

1-877-help-CRS www.crs.org/cb

Catholic Relief Services serves the poor  
in over 100 countries around the world.

M & T's Munchies Snack Shack  
NOW OPEN  
FREE Ice Cream Cone (with this ad)  
Melanie & Todd Schumacher, Parishioners  
6416 W. Lake St., St. Louis Park  
952-920-8480



SPORTING GOODS  
& CUSTOM APPAREL  
Screenprint & Embroidery  
West Lake St.

(Across From SLP  
Football Field) 952-922-8727

METRO FOOT & ANKLE CLINIC  
Matt Rampetsreiter DPM  
St Louis Park, Crystal, Excelsior  
952-426-0874  
www.metrofootandankleclinic.com



Roger's Holiday  
>Gas/Diesel/E85 >Open 24 Hrs  
>Soft Touch Car Wash  
(ask about our Unlimited Wash Program)  
>Lund's/Byerly's Bakery  
5430 Minnetonka Blvd. 952-920-9613