

The Pastor's Page

Carmel Prayer Group

Our time together consists of:

- ✓Chanting *Evening Prayer* together from the Breviary (And if you've never done this before, don't worry, we'll teach you!)
- ✓Father Dufner leading us in our study time
- ✓Quiet prayer before Jesus in the Blessed Sacrament
- ✓Chanting *Night Prayer*
- ✓and then Social Time

This year we will be studying an outstanding book by Father Vernon Johnson entitled: "*Spiritual Childhood - The Spirituality of St. Therese of Lisieux*"

Father Johnson was a celebrated Anglican priest in the early 1900's who was given the story of St. Therese's life to read while he was on retreat. He took one look at the book and said, "No thanks!" and handed it back. "It's French and it's Roman Catholic!" The giver insisted so Father Johnson reluctantly took it. His first impression, he told a friend later, was "What an appalling, pious little prig!" But as he read on the real Therese began to emerge. The book moved him like no other book he had ever read before.

The story of how St. Therese interceded in his life from that point on is absolutely amazing but space does not allow me to share it here. Suffice it to say that five years later, trying to explain to his stunned friends why he submitted to Rome to become a Catholic priest he confided:

"Here was someone who had loved Our Lord to a degree beyond anything I had ever seen before: a love as strong as that of the martyrs of old and yet with the delicacy and tenderness of a child...above all else it was the Saint's Gospel of Suffering as being the most blessed gift, by which alone we could be really united to Our Blessed Lord in unfettered love...coming into my life when things were exceedingly difficult, it lit up and made real to me certain spiritual truths for which I was dimly groping...for over 6 months of my life the study of this book pulled me through one of the most difficult passages of my life."

Father Johnson became one of the foremost experts on the Little Way of St. Therese. We can confidently say that his writings help us understand the great spiritual insights left to us by St. Therese that eventually led Blessed John Paul II to declare her the 33rd Doctor of the Church.

I hope you can join us this Monday, beginning at 6:30pm, downstairs in Moorman Hall for our Holy Family Carmelite Group!

Fr. Dufner

Altar Boy Pancake Breakfast



Sunday October 9, from 8:30am to
12:30pm in Moorman Hall.
Free Will Offering

Special Collection for Our Cathedral - October 15/16

Our beautiful Cathedral of St. Paul requires everyone's help! Please consider a sacrificial gift for this collection to assist with the remaining \$6 million for the emergency exterior restoration as well as the need for \$14 million to repair interior damage. Many thanks to all those who generously contributed to last year's collection. All gifts received in this special collection will be designated and restricted to the restoration needs of the Cathedral.

To donate online visit cathedralheritagefoundation.org/donate. Archbishop John Ireland relied on every Catholic's support to build our beautiful cathedral, our Mother Church, and we need everyone's support now to preserve it for future generations. The Cathedral collection will take place the weekend of October 15/16.

Archbishop John C. Nienstedt and the Saint Paul and Minneapolis Guild of the Catholic Medical Association invites Catholic healthcare workers to attend the Archbishop's Annual White Mass on Saturday, October 15, 2011 at 5:00PM. For more information or to RSVP, please contact Sonya Flomo at 651.291.4488 or email flomos@archspm.org

Adoration Notes:

Thanks to all faithful adorers for your dedication to Perpetual Adoration in our parish! Currently we have a couple of reminders for everyone: If you are not able to keep your designated hour for the week please speak with your prayer partner first (if there are two adorers at your hour) then call your coordinator to arrange for a sub. Remember that you need to talk with someone to assure that your adoration time is covered. All numbers are posted on the bulletin board outside the chapel. It helps to put those numbers in you cell phone memory. Finally, invite fellow parishioners to participate in Eucharistic Adoration by scheduling an hour a week with Jesus in our beautiful chapel. He will richly bless you and your families! Call the Glovers at 763.533.0423 to choose a time that will work for you.



All In God's Plan

Part 1 Chastity Program

**Father and Son Program (for boys ages 12 - 13)
is Friday, November 11, 7-9:30pm**

**Mother and Daughter Program (for girls ages 10 - 13)
is Sunday, November 13, 2-4:30pm**

All programs take place downstairs in Moorman Hall

We are very pleased to offer this first level of the *All In God's Plan* chastity program at Holy Family for fathers attending with their sons; mothers attending with their daughters. The material presented is age sensitive. The *All In God's Plan* program helps parents by assisting them in teaching their youth about God's gift of human sexuality and the sacredness of human life. The goal is to help the parent be the teacher during these "growing up" years. (If a parent is unable to attend, another trusted adult such as a grandparent or an aunt/uncle may attend.)

The program consists of several presentations including a parent speaking about their vocation, an older teen giving a witness and a Christian medical doctor highlighting the physical aspects of growing up. Their topics include:

- ✓ Emotional and Physical Changes
- ✓ Peer Pressure
- ✓ Respect for Self and Others
- ✓ Encouragement to Develop and Practice Virtue

The program includes an informative and respectful Power Point presentation with time for written questions and answers at the end. Delicious refreshments are also served.

Father Dufner, Ann Coone, principal of Holy Family Academy, Elizabeth Brown, Confirmation Coordinator and Jean Prather, Coordinator of Elementary Religious Education recommend the All In God's Plan - Part 1 Chastity Program under the leadership of Jim and Mary Glover.

Questions? Please call Jim or Mary at 763-533-0423.



Name of Parent: _____

Name of son or daughter (please circle one): _____

Address: _____

Phone: _____ School: _____ Parish: _____

Return this bottom portion with a \$15 check payable to: Holy Family Altar and Rosary Society, 5900 West Lake Street, St. Louis Park, MN 55416 - Attention: "All In God's Plan"

Registration must be received by Wednesday, November 9

Please feel free to copy and distribute!

✠ Weekly Calendar of Events ✠

Sunday, October 9 - 28th Sunday in Ordinary Time

Pancake Breakfast

- 8:00 am Confessions
- 9:00 am Mass
- 11:00 am Mass

Monday, October 10

- 8:00 am Mass
- 8:30 am Exercise Class (Gathering Place)
- 3:00 pm Widower and Widowers Holy Hour (Chapel)
- 6:30 pm Carmel (Church/Moorman Hall)

Tuesday, October 11

- 8:00 am Mass
- 8:30 am Grandparents Prayer Group (Gathering Place)
- 6:00 pm Squires (Gathering Place)

Wednesday, October 12

- 8:00 am Mass
- 8:30 am Coffee & Rolls (Moorman Hall)
- 9:00 am Flu Shot Clinic (Moorman Hall)
- 11:45 am Exercise Class (Moorman Hall)
- 5:15 pm Kids Praise Too!
- 6:30 pm HFC (School)
- 6:30 pm Confirmation (Moorman Hall)

Thursday, October 13

- 8:00 am Mass
- 7:00 pm Choir

Friday, October 14

- 8:00 am Mass
- 8:30 am Exercise Class (Gathering Place)
- 8:00 pm Youth Adoration

Saturday, October 15

- 6:30 am Holy Name Society (Gathering Place)
- 10:00 am Rosaries for Life (Robbinsdale)
- 3:30 pm Confessions
- 5:00 pm Mass

Sunday, October 16 - 29th Sunday in Ordinary Time

Food Drive Sunday

- 8:00 am Confessions
- 9:00 am Mass
- 11:00 am Mass
- 6:30 pm Theology A La Carte

The family of Robert Meyer would like to extend many thanks to Father Dufner, Sharon Pero, Pat Menke and the funeral lunch crew, Claudia Capello, the organist, Widow and Widowers Ministry, and the funeral Mass servers for their part in the beautiful funeral Mass and luncheon for our father. Thank you to all for your prayers and condolences.

Betty Rockwell

Tips for STAYING HEALTHY this COLD and FLU SEASON

- The **BEST** way to break the chain of infection – **HANDWASHING!**
- Avoid touching your eyes, mouth or nose.
- Avoid close, prolonged exposure to people with colds.
- If you think you have the flu, stay home from work or school and avoid elderly or frail relatives and friends
- Eat well and get enough rest.
- Avoid getting “run down” which can lower your immunity to illness.
- Cough and/or sneeze into your sleeve.
- If you use a facial tissue for coughs and sneezes, dispose of it immediately and appropriately.
- WASH your HANDS FREQUENTLY.**

READINGS FOR THE WEEK

- Monday:** Rom 1:1-7; Lk 11:29-32
- Tuesday:** Rom 1:16-25; Lk 11:37-41
- Wednesday:** Rom 2:1-11; Lk 11:42-46
- Thursday:** Rom 3:21-30; Lk 11:47-54
- Friday:** Rom 4:1-8; Lk 12:1-7
- Saturday:** Rom 4:13, 16-18; Lk 12:8-12
- Sunday:** Is 45:1, 4-6; Ps 96; 1 Thes 1:1-5b; Mt 22:15-21

SAINTS AND SPECIAL OBSERVANCES

- Friday:** St. Callistus I
- Saturday:** St. Teresa of Jesus

A simple and convenient way to give...

This fall, consider signing up for electronic giving. Holy Family relies on the financial support of the congregation and electronic giving offers an easy way to give on a recurring basis. To give electronically, visit www.hfcmn.org and click on Online Giving in the Upper Right corner. If you would like to give electronically but do not have a computer available to sign up please contact Bobbi Hanson at 952.929.0113 ext.11 and she can get you set up. Thank you!

Holy Family Weekly Offering October 1/2

Regular Envelopes	\$13,763.03
Plate	\$ 1,476.65
Online Giving	\$ 1,168.25
CARE Fund	\$ 555.53

Thank you for generosity!

Mass Intentions for the Week

- Oct 10 Father Moorman †
- Oct 11 Ronald McKenney †
- Oct 12 The Bob & Marianne Shoenecker Family
- Oct 13 Bud Brey †
- Oct 14 Hattie Osmek †
- Oct 15 Otto & Lydia Kabeiseman †
- Oct 16 Dolores Spencer † (9AM)
- Oct 16 For the Parish (11AM)



ALTAR AND ROSARY NEWS

To ALL women of Holy Family Parish!! As members of the Altar and Rosary Society, you are all invited to our fall meeting on Tuesday, October 25 beginning with the Rosary at 6:30PM in the church, immediately followed by a dinner and meeting in Moorman Hall. Stop by the back of church on the weekends of Oct 15/16 and Oct 22/23 to get your tickets. There is no cost for these tickets, but we like to get a count for dinner. A free will offering will be taken that evening. This year we are offering a PRIZE to anyone who brings a first-time meeting attendee along - either a new parishioner or someone who has never been able to join us at one of our meetings before! It's the perfect time to socialize with other women of the parish, meet new friends and hear about all the things the Altar and Rosary Society does. Please join us!

**40 Days for Life - Please Sign Up For Just One Hour at Regions Hospital -
66 more slots need to be filled!**

Its down to the wire, folks. We NEED YOU to step out of your comfort zone and publicly take a visible stand on an issue you believe in -- for the LIFE OF THE UNBORN! This is the last weekend to commit to one hour -- one time for Holy Family's Adopt-A-Day, Monday October 10th, Columbus Day at Noon to Tuesday October 11 at Noon. Join Holy Family's 24 hour peaceful prayer vigil on the sidewalks of Regions Hospital where Health Partners operates an abortuary within the walls of this hospital located at 640 Jackson Street, just North of downtown Saint Paul. If you don't stand up for the unborn, who will?

Sign up online, simply go to the Knight's website at www.kc3949.org Or contact John Rosenthal, rosenthalJT@gmail.com or 612.618.8900.

IT'S TIME TO REGISTER for the FLU SHOT CLINIC

The Minnesota Visiting Nurse Agency (MVNA)
will be here at Holy Family on

Wednesday, October 12, 2011 ~ from 9:00AM to 11:00AM

to administer flu vaccinations. If you wish to receive a flu vaccination, **please call Sharon at 952.929.0113 Ext. 13 to schedule your time.** Staffing adjustments will be made depending on the number registered, so it's important to register **AS SOON AS POSSIBLE.**

Insurance companies accepted by MVNA are:

Aetna, America's PPO, Blue Cross Blue Shield, Cigna, Health Partners, Humana, Labor Care, Medica, MN Health Care (MA), MCHA – Medica, Medicare, MHP, Select Care, UCare, Unicare, United Health Care.

Remember to bring a picture ID, Medicare Card, and insurance card.

The charge for the flu vaccination is \$27.00

Calling All KIDS who want to join in parish worship leadership!

Our children's choir, Kids Praise Too!, has started up again. Involving children from grades 2 - 8, some of our highlights include the Christmas Eve Family Mass, Palm Sunday and Easter Sunday. We have some more openings and would love to have you join our ranks. Rehearsals are on Wednesday evenings and we lead the parish in musical worship once a month. Please contact Mary Beth Millner if you have questions - mbmklavier@mac.com

Marriage is a Lifetime of Love

Have you ever thought about the two of you getting away for a weekend with the sole purpose of enriching your marriage? Here is a wonderful opportunity to do just that. There is a Worldwide Marriage Encounter Weekend scheduled for November 18th – 20th. It will be held at the beautiful Franciscan Retreat Campus on the outskirts of Prior Lake. It is a unique opportunity for married couples to spend an entire weekend together away from all other distractions and re-discover the romance and passion you had for each other when you were first married. Every marriage deserves that kind of attention. For more information call 763.434.4155 or check our website at www.wwme.org

Natural Family Planning

Modern Natural Family Planning is based on comprehensive scientific research and is healthy and marriage building! If you are looking to enhance your married life, a series of classes taught by a qualified instructor will begin on:

✓Thursday, October 20 2011 at Holy Family, St. Louis Park. To register or for more information, please call the Billings Ovulation Method at 612.396.4019

✓Tuesday, October 11, 2011 at Holy Family Academy, St. Louis Park. To register or for more information, please call the Couple to Couple League at 612.721.3791

✓Saturday, October 22, 2011 at U of M Medical Center-Fairview, Minneapolis. To register or for more information, please call the Twin Cities FertilityCare at 651.232.3088 or register on-line at www.tcnfp.org

For a complete list of classes offered throughout the Archdiocese, call 651.291.4489 or visit www.archspm.org/family

CLERGY APPRECIATION

Please honor our wonderful priests, **Father Thomas Dufner, Father James Stromberg, and Father James Livingston**, who serve us so faithfully here at Holy Family Parish with your Spiritual Bouquet for their intentions. There will be a book in the back of church the weekend of October 15 and 16 to sign with your prayer commitments. Thank you.

Father Jim Livingston returns to St. Joseph's Church in Hopkins, for an all-day retreat on Saturday, October 29th. Please join us for this spiritually enriching day with talks and ample time for prayer and reflection. Retreat begins with registration at 8:30AM and concludes in the evening with Mass and blessing following dinner. Cost is \$20 per person payable at the door. Registration necessary for lunch and dinner count. To register, email name and phone number to rowheels@hotmail.com OR call Anne at 952.935.3054 or Roberta at 952.935.1774.

*Please remember to notify the
Parish Office of any changes
to your address or phone number.
Thank you!*



Pro-Life Corner

17 September 2011(ZENIT.org, German edition) – The Hohenzollern prince of Prussia, Philip Kiril, the great-great-grandson of Emperor William II., is a protestant minister in Brandenburg, Germany. He is father of six children and an active pro-lifer. He said: "We need a change of hearts and minds similar to what happened as a result of the fight for civil rights and against racism. Due to abortion Germany is losing one fifth of her annual offspring, something unsustainable, set the moral catastrophe aside. Rare plants and frogs are being protected but abortion is ok. We have lost our sense for reality." The prince admitted he would not think much about his famous ancestors. "We should make God king of our hearts - and have more children".