



Church of the Holy Family

5900 West Lake Street ✕ St. Louis Park, MN 55416

July 19, 2009

Sixteenth Sunday in Ordinary Time

Reverend Thomas W. Dufner, Pastor
Reverend James Stromberg, Weekend Associate

Mass Times:

Sunday Masses 9:00AM and 11:00AM
Saturday Mass 5:00PM
Weekday Masses 8:00AM (Rosary 7:35AM)

Confessions:

Saturday 3:30PM to 4:50PM
Sunday 8:00AM to 8:50AM

Parish Office

952.929.0113

Staff:

Extensions:

Rev. Thomas Dufner	Pastor	ext. 15
June Kattar	Baptism/Marriage Prep.	ext. 14
Sharon Pero	Pastoral/Parish RN/Liturgist	ext. 13
Claudia Capello	Assistant	ext. 17
Jean Prather	Coord. Elementary Religious Ed.	ext. 12
Elizabeth Brown	Confirmation Coord.	ext. 19
Kathy Vansickle	Controller	ext. 16
Bobbi Hanson	Bookkeeper	ext. 11
John Pero	Facilities Manager	ext. 20
Theresa Bakos	Secretary	ext. 10
Lynn Tomaszewski	Youth Minister	612.396.6890

Web Address: www.hfcmn.org **Email Address:** staff@hfcmn.org

Registration in Parish:

Required for baptism and marriage. Adults 18 and over call the parish office 952.929.0113.

Marriages:

Registered parishioners must make application 6 months prior.

Baptisms:

First Sunday of the month. Must be registered parishioners. Baptism class required. Please call 3 months in advance.

Perpetual Adoration - Jim Glover 763.533.0423

Prayer Chain -Dona Marek, 9AM to 9PM 952.926.3130

STEP - Emergency Program 952.925.4899



5925 West Lake Street ✕ St. Louis Park MN 55416

Ann Coone, Principal

School Office

Web Address

952.925.9193

www.hfamn.org

*The Lord is my shepherd;
I shall not want.
In verdant pastures
he gives me repose;
Beside restful waters
he leads me;
he refreshes my soul.
He guides me
in right paths
for his name's sake.
Even though I walk
in the dark valley
I fear no evil;
for you are at my side
with your rod
and staff
that give me courage.*

Psalm 23

The Pastor's Page

Life in England in the 1500's

The next time you are washing your hands and complain because the water temperature isn't just how you like it, think about how things used to be. Here are some facts about the 1500's:

Most people got married in June because they took their yearly bath in May, and still smelled pretty good by June. However, they were starting to smell, so brides carried a bouquet of flowers to hide the body odor. Hence the custom today of carrying a bouquet when getting married.

Baths consisted of a big tub filled with water. The man of the house had the privilege of the nice clean water, then all the other sons and men, then the women and finally the children. Last of all was the babies. By then the water was so dirty you could actually lose someone in it. Hence the saying, "Don't throw the baby out with the bath water."

Houses had thatched roofs - thick straw - piled high, with no wood underneath. It was the only place for animals to get warm, so all the cats and other small animals (mice, bugs) lived in the roof. When it rained it became slippery and sometimes the animals would slip and fall off the roof. Hence the saying, "It's raining cats and dogs."

There was nothing to stop things from falling into the house. This posed a real problem in the bedroom where bugs and other droppings could mess up your nice clean bed. Hence, a bed with big posts and a sheet hung over the top afforded some protection. That's how canopy beds came into existence.

The floor was dirt. Only the wealthy had something other than dirt. Hence the saying, "Dirt poor." The wealthy had slate floors that would get slippery in the winter when wet, so they spread thresh (straw) on the floor to help keep their footing. As the winter wore on, they added more thresh until, when you opened the door, it would all start slipping outside. A piece of wood was placed in the entranceway. Hence the saying a thresh hold = threshold.

In those old days, they cooked in the kitchen with a big kettle that always hung over the fire. Every day they lit the fire and added things to the pot. They ate mostly vegetables and did not get much meat. They would eat the stew for dinner, leaving leftovers in the pot to get cold overnight and then start over the next day. Sometimes stew had food in it that had been there for quite a while. Hence the rhyme, "Peas porridge hot, peas porridge cold, peas porridge in the pot nine days old."

Sometimes they could obtain pork, which made them feel quite special. When visitors came over, they would hang up their bacon to show off. It was a sign of wealth that a man could, "bring home the bacon." They would cut off a little to share with guests and would all sit around and "chew the fat."

Those with money had plates made of pewter. Food with high acid content caused some of the lead to break onto the food, causing lead poisoning death. This happen most often with tomatoes, so for the next 400 years or so, tomatoes were considered poisonous.

Bread was divided according to status. Workers got the burnt bottom of the loaf, the family got the middle, and guests got the top, or "the upper crust."

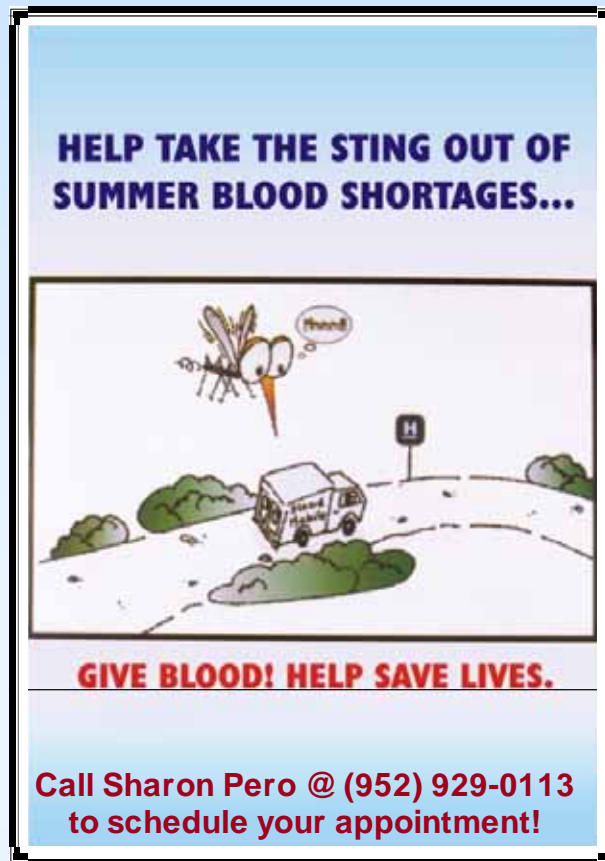
Lead cups were used to drink ale or whisky. the combination would sometimes knock the imbibers out for a couple of days. Someone walking along the road would take them for dead and prepare them for burial. They were laid out on the kitchen table for a couple of days and the family would gather around and eat and drink and wait and see if they would wake up. Hence the custom of holding a wake.

England is old and small and the local folks started running out of places to bury people. So they would dig up coffins and would take the bones to a bone-house, and ruse the grave. When opening these coffins, 1 out of 25 coffins were found to have scratch marks on the inside and they realized they had been burying people alive. So they would tie a string on the wrist of the corpse, lead it through the coffin and up through the ground and tie it to a bell. Someone would have to sit out in the graveyard all night (the graveyard shift) to listen for the bell; thus, someone could be, "saved by the bell!"

ATTENTION: ALL BLOOD DONORS!

It's time to SIGN-UP for the HOLY FAMILY BLOOD DRIVE!

Monday, July 20, 2009 ~ 12:30P.M. to 6:30P.M.



Donate Blood and you could win....

- ✦ ***A week for 2 at Sugar Lake Lodge in Grand Rapids!***
Breakfast & Dinner, 6 gold greens passes, a 2-hour pontoon cruise + a 1 day guided fishing trip
- ✦ ***A weekend for two at Black Bear Casino & Resort!***
A round of golf + \$100 dinner at Seven Fires Steakhouse
- ✦ ***1 of 10 Cabela's \$100 Gift Cards!***

Did you know...

- ✦ Every three seconds someone in the U.S. needs blood.
- ✦ Less than 5% of the national population donates blood.
- ✦ Each week, 2,400 volunteer donors are needed to help supply blood to patients in our area hospitals.

Your single donation can save as many as three people's lives. Blood is needed for cancer and surgery patients, burn victims, accident victims, premature infants...the list is endless.

DONOR REQUIREMENTS:

- ✦ You must be in good health.
- ✦ You must be free from colds and flu for 3 days.
- ✦ You must be at least 17 years of age (16 with parental permission – forms available from Sharon) and eat a good meal within a four-hour period before donating. You must bring a photo ID with you to the drive.

We need a total of 69 REGISTERED DONORS to meet our goal!

Call Sharon at 952.929.0113 Ext. 13 to schedule your appointment.

✠ Weekly Calendar of Events ✠

Sunday, July 19 ~ Sixteenth Sunday in Ordinary Time

Food Drive Sunday

8:00 am Confessions

9:00 am Mass

11:00 am Mass

Monday, July 20

8:00 am Mass

8:30 am Exercise Class

12:00 pm Blood Drive

3:00 pm WOW Holy Hour (Adoration Chapel)

6:30 pm Finance Committee Meeting (Gathering Place)

Tuesday, July 21

8:00 am Mass

10:30 am Goodtimers 500 Club (Gathering Place)

7:00 pm Gun Safety Class (Moorman Hall)

7:00 pm KC's (Gathering Place)

Wednesday, July 22

8:00 am Mass

8:30 am Coffee & Rolls

11:45 am Exercise Class

Thursday, July 23

8:00 am Mass

7:00 pm Voca (Gathering Place)

Friday, July 24

8:00 am Mass

8:30 am Exercise Class (Gathering Place)

Saturday, July 25

6:30 am Holy Name Society (Gathering Place)

10:00 am Rosaries for Life (Robbinsdale)

3:30 pm Confessions

5:00 pm Mass

Sunday, July 26 ~ Seventeenth Sunday in Ordinary Time

Donut/New Member

8:00 am Confessions

9:00 am Mass

11:00 am Mass

MRI - PET Scan - CAT Scan - Oximetry Want to know how they work?

Parishioner, Bill Klatt, a retired Medical Devices Engineer, has agreed to give us the lowdown on these four medical devices, Wednesday, August 5 @ 10:00AM in the Gathering Place.



Adoration Update

What is Adoration? Adoration is a quiet time spent in prayer before Jesus present in the Eucharist. A Consecrated Host is placed in the center of a sacred vessel called a Monstrance. The word Monstrance means "to show". The Monstrance is then placed in our Adoration Chapel for all to worship Jesus present body, blood, soul and divinity.

We have Perpetual Adoration at Holy Family because Jesus in Matthew 26:40 asks if we "could not watch one hour with Me?" Sign up forms are in the brochure rack in the back of church and at the parish office. Questions, call Jim 763.533.0423.



Banns III

Sam Nothnagel and Jenny Willerscheid

Marriages

Anthony Elwood and Rachel Blackhawk



*Holy Family
gratefully acknowledges
the generous bequest from
Clara Doherty.*



READINGS FOR THE WEEK

Monday: Ex 14:5-18; Mt 12:38-42

Tuesday: Ex 14:21 - 15:1; Mt 12:46-50

Wednesday: Ex 16:1-5, 9-15; Jn 20:1-2, 11-18

Thursday: Ex 19:1-2, 9-11, 16-20b; Mt 13:10-17

Friday: Ex 20:1-17; Mt 13:18-23

Saturday: 2 Cor 4:7-15; Mt 20:20-28

Sunday: 2 Kgs 4:42-44; Ps 145; Eph 4:1-6; Jn 6:1-15

SAINTS AND SPECIAL OBSERVANCES

Monday: St. Apollinaris

Tuesday: St. Lawrence of Brindisi

Wednesday: St. Mary Magdalene

Thursday: St. Bridget of Sweden

Friday: St. Sharbel Makhlof

Saturday: St. James

PLEASE HELP US TO HELP YOU!!!

In order to track your contributions and list them on your annual statement you must use your envelope OR put your envelope number in the memo section of your check. Thank you!

Holy Family Weekly Offering

Regular Envelopes	\$15,927.00
Plate	\$ 1,952.36
Care Fund	\$ 788.08

Thank You For Your Generosity!

Mass Intentions for the Week

- July 20 Ottila Mrozek †
- July 21 All Members of
Catholic Family Life Insurance
- July 22 Scott Sherlock †
- July 23 Rev. Thomas J. Conroy †
- July 24 Zach & Trisha Hayes
- July 25 Ken Anderson
- July 26 Joseph & Verona Hofmann † (9AM)
- July 26 For the Parish (11AM)





Fall Festival ~ August 21 - 23

~ Smoker Poker ~ Chicken Dinner ~
~ Beer Garden ~ Music ~ Pancake Breakfast ~

*Save the Date! and watch the bulletin
for more details.*

VACO (LATIN-4-UNEMPLOYED) JOB GROUP UPCOMING EVENTS

- Thursday, July 23 @ 7:00pm
Build Your Heavenly Connections with your own Troop of Saints
- Thursday, July 30 @ 12noon, *Bring your own lunch!*
Dynamic Speaker, Deborah Savage, PhD of St. Thomas School of Divinity will speak on the "The Dignity of Work."

Annual Champions for Life Awards

The Archdiocese of St. Paul and Minneapolis is looking for nominations for our second Annual Champions for Life Awards.

When Archbishop John C. Nienstedt made his address at the Prayer Service for Life, he reminded us that "We must be willing to be a pro-life people 24-7."

Do you know someone who is a Champion for Life 24-7? Do you know someone who works tirelessly in helping the poor or elderly; or someone who has devoted their time working with people with disabilities; or maybe you know someone who has helped women and families through a difficult pregnancy; or someone who prays tirelessly for Respect Life issues?

Who do you know that loves respects and promotes life?

Whether it is in grand gestures or small actions do you know a Champion for Life?

You may go to our website and print a nomination form at www.archspm.org/family or call Sonya at 651.291.4515. The deadline is August 15.



ALTAR & ROSARY SOCIETY NEWS

Special thanks to all who have helped so graciously these past 9 months with all our projects and weekly tasks. Several new helpers have stepped in to fill ongoing needs and I am most grateful.

There are a couple things to note before we take a summer break from the weekly updates:

1. Mark your calendars for our fall meeting which is Tuesday, September 29 beginning at 6:30PM with the Rosary in Church.
2. Please consider a "sub" position as one of our sacristy helpers. This would give our faithful regulars an occasional break. Call Gloria at 952.926.3198 to volunteer.
3. It has been suggested that the president's duties be outlined with the hope that someone would take the opportunity to assist in these duties for the coming year - (September to May). Please prayerfully consider whether you could help out.

Duties of the President of the Altar and Rosary Society:

- ✓ Arranging and facilitating approximately 2 planning meetings with officers.
- ✓ Setting up and leading Spring and Fall meetings for the general membership.
- ✓ Meeting with Father for guidance and direction for the group, usually 2 times a year but as needed. His advice and help are invaluable.
- ✓ Overseeing various committees for the organization's activities.
- ✓ Maintaining a communication network via bulletin updates and email notices.

These are the main areas as I see them, but maybe there are things I have missed that should be included. Your input is welcome and appreciated. Summer should be a restful slower time for all of us, but it seemed important to share this information and give you ladies something to ponder. It is so important to keep our organization vibrant, and I am respectfully asking that someone contact me so we can work together to do just that! Thanks for your attention and consideration. Call Mary at 763.533.0423.

PROTECTIVE MEDICAL DECISION DOCUMENTS

With Health Care Reform in the forefront these days, it is important that we all have Health Care Directives in the event we need them. It is not prudent to use the Minnesota Living Will which is available through most doctors and at all hospitals. The Minnesota Living Will is too restrictive and opens the door to Euthanasia.

Please see Sharon Pero for "A Catholic Guide to End-of-Life Decisions" that is in accord with Catholic moral teaching on end-of-life issues. They are the form used by Deacon Stephen Najarian and put out by the National Catholic Bioethics Center. The forms are free of charge. This document provides latitude in patient care provided and always stipulates that food and water do not constitute extraordinary means of sustaining life but are required components of care. The individual drafting the document should keep one for him/herself, one for the designated person responsible for making decisions if you are unable to do so, and one for your health care provider.

Pro-Life Corner

God's love does not differentiate between the newly conceived human infant still in his or her mother's womb and the child or young person, or the adult and the elderly person. God does not distinguish between them because he sees an impression of his own image and likeness (Gn. 1:26) in each one.

~Pope Benedict XVI

We must not be surprised when we hear of murders, of killings, of wars, of hatred. If a mother can kill her own child, what is left but for us to kill each other. ~Blessed Teresa of Calcutta

The boundless and incomprehensible love of God for the human being reveals the degree to which the human person deserves to be loved in himself, independently of any other consideration - intelligence, beauty, health, youth, integrity and so forth. In short, human life is always a good, for it "is a manifestation of God in the world, a sign of his presence, a trace of his glory."

~Pope Benedict XVI

The Gospel of Life, n. 34